



Sunday, May 7 • 3:00-6:00 pm

Would you like to be able to recognize and develop your authentic voice? Unlike an effortful or judgmental voice, your authentic voice allows you to be free, honest and deeply connected. Guest teacher Margo Hennebach combines the work of Moshe Feldenkrais and Bobby McFerrin to help you free your singing voice so you can use it in happier, healthier, and more creative ways.

This workshop will be practical and fun, with powerful *Feldenkrais* lessons to clarify the ways in which your skeleton can support you vocally, help you reconnect with the rhythm of your breathing, and maximize resonance throughout your body. Vocal improvisation strategies will help you to develop the confidence to express yourself without straining. This workshop is a safe environment in which you can experience the unique singer that you are.

*Feldenkrais* Practitioner, Recording Artist, Vocal Improvisor, and Music Therapist, Margo Hennebach, GCFP, LGSM(MT), has assisted Rhiannon in vocal trainings, studied with Bobby McFerrin and Byron Katie, and toured as a soloist and member of Mad Agnes. Visit [www.MargoHennebach.com](http://www.MargoHennebach.com).

Pre-Registration: **\$35** • Day of Event: **\$45**

Performing Arts Workshop: Sponsored by the *Feldenkrais* Foundation



212-727-1014 • [FeldenkraisInstitute.com](http://FeldenkraisInstitute.com)  
134 West 26th Street, Second Floor, New York, New York 10001



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